

Sex & Creativity

25 April 2014

Martha's Masturbation Story



Who

Martha

Who

What

Martha

Who

What

Martha

When

Who

What

Martha

When

Where

Who

What

Martha

When

Where

Why



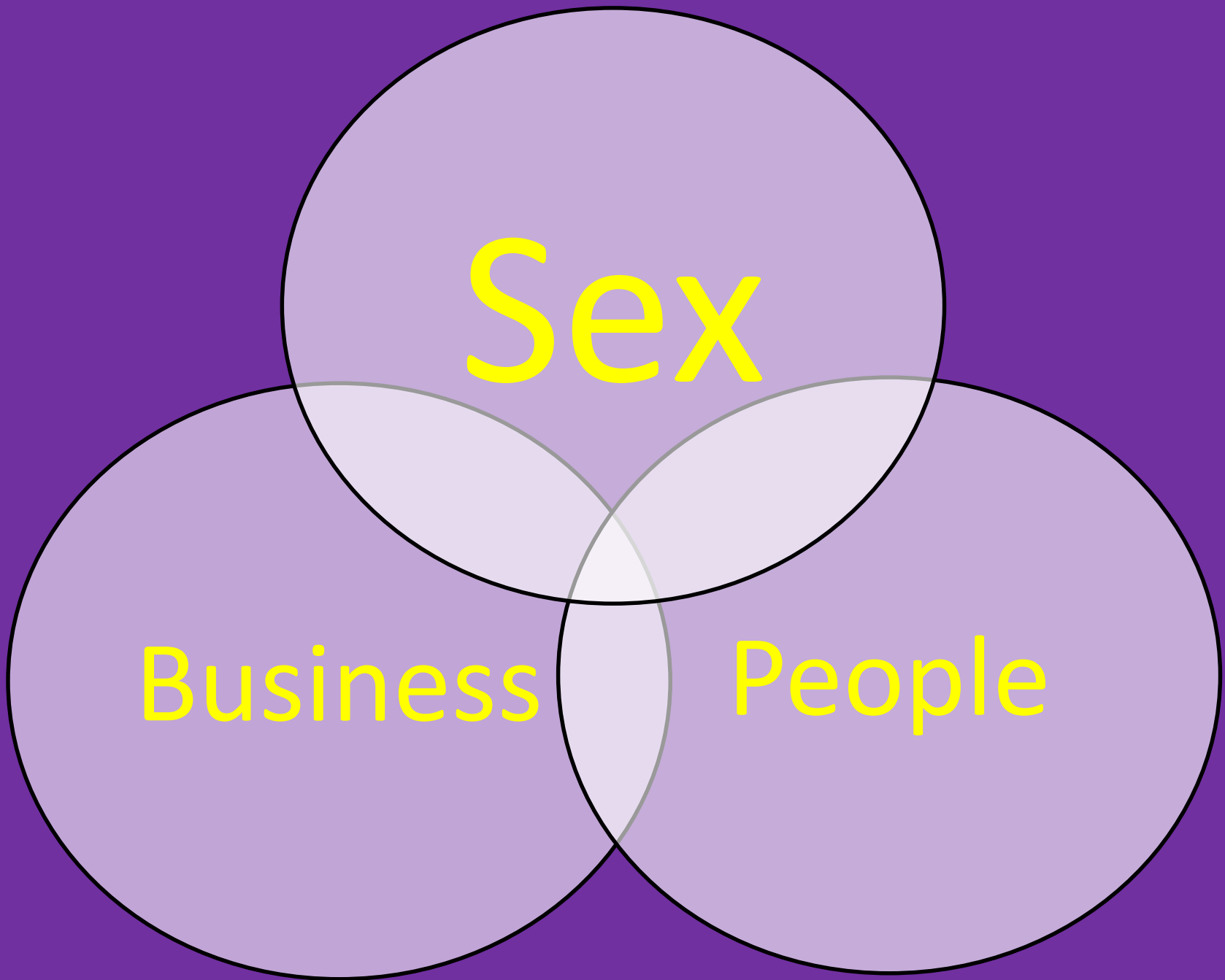
Business



A Venn diagram consisting of two overlapping circles on a solid purple background. The circles are filled with a lighter shade of purple and have black outlines. The left circle is labeled 'Business' and the right circle is labeled 'People' in a yellow, sans-serif font. The overlapping area in the center is a slightly lighter shade of purple.

Business

People



Movement

Movement

Meditation

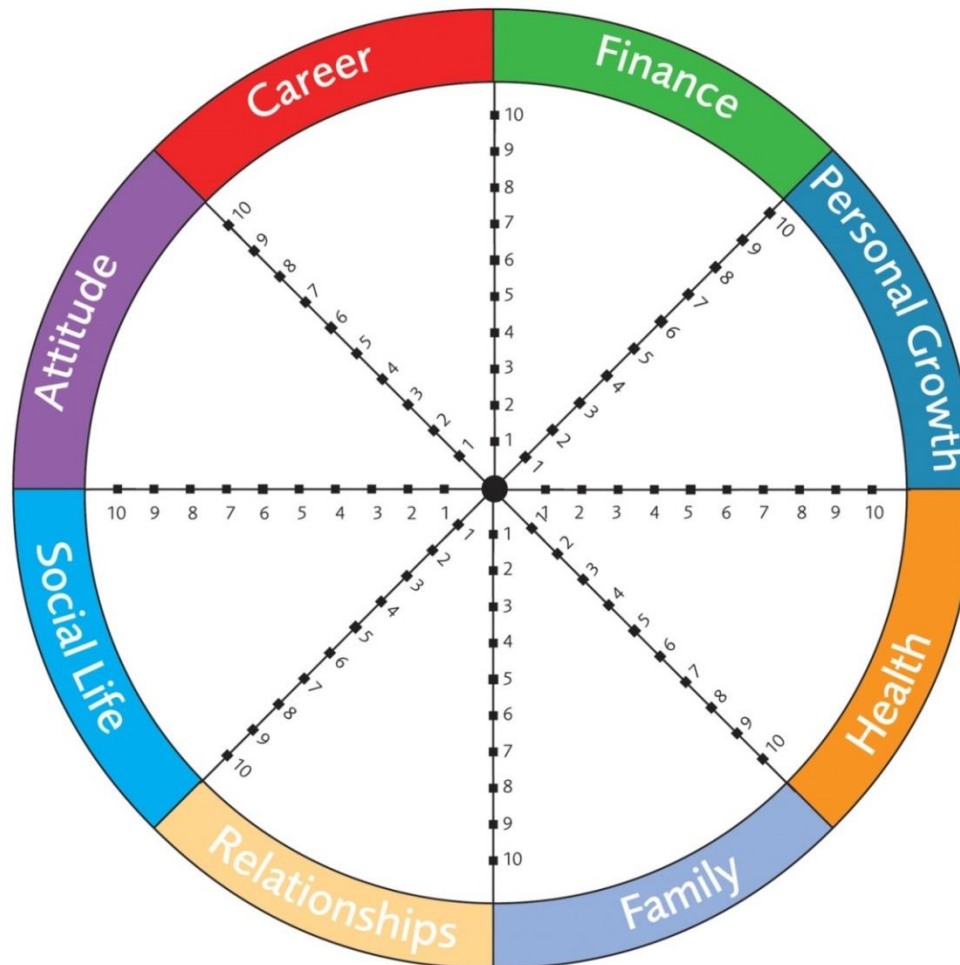
Movement

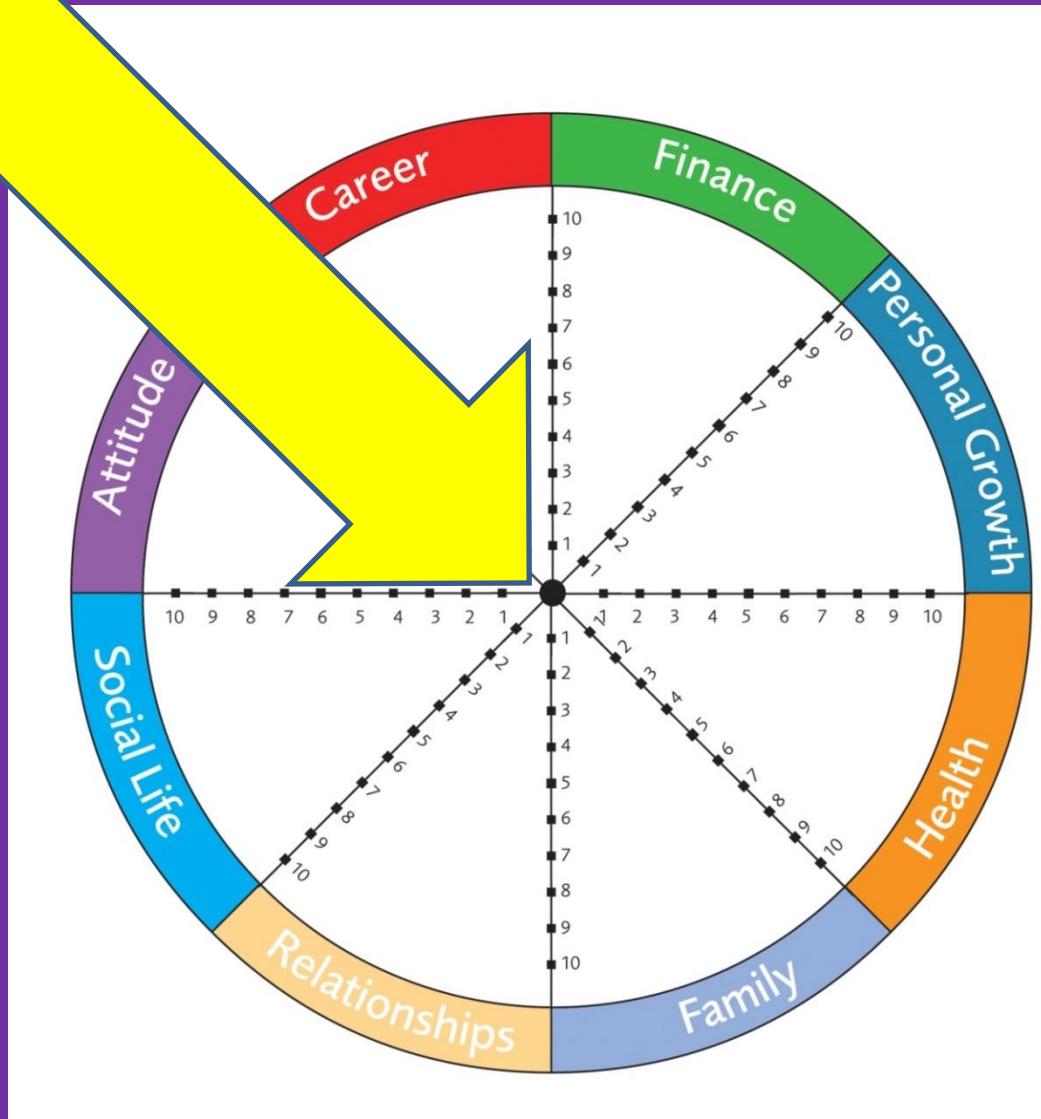
Meditation

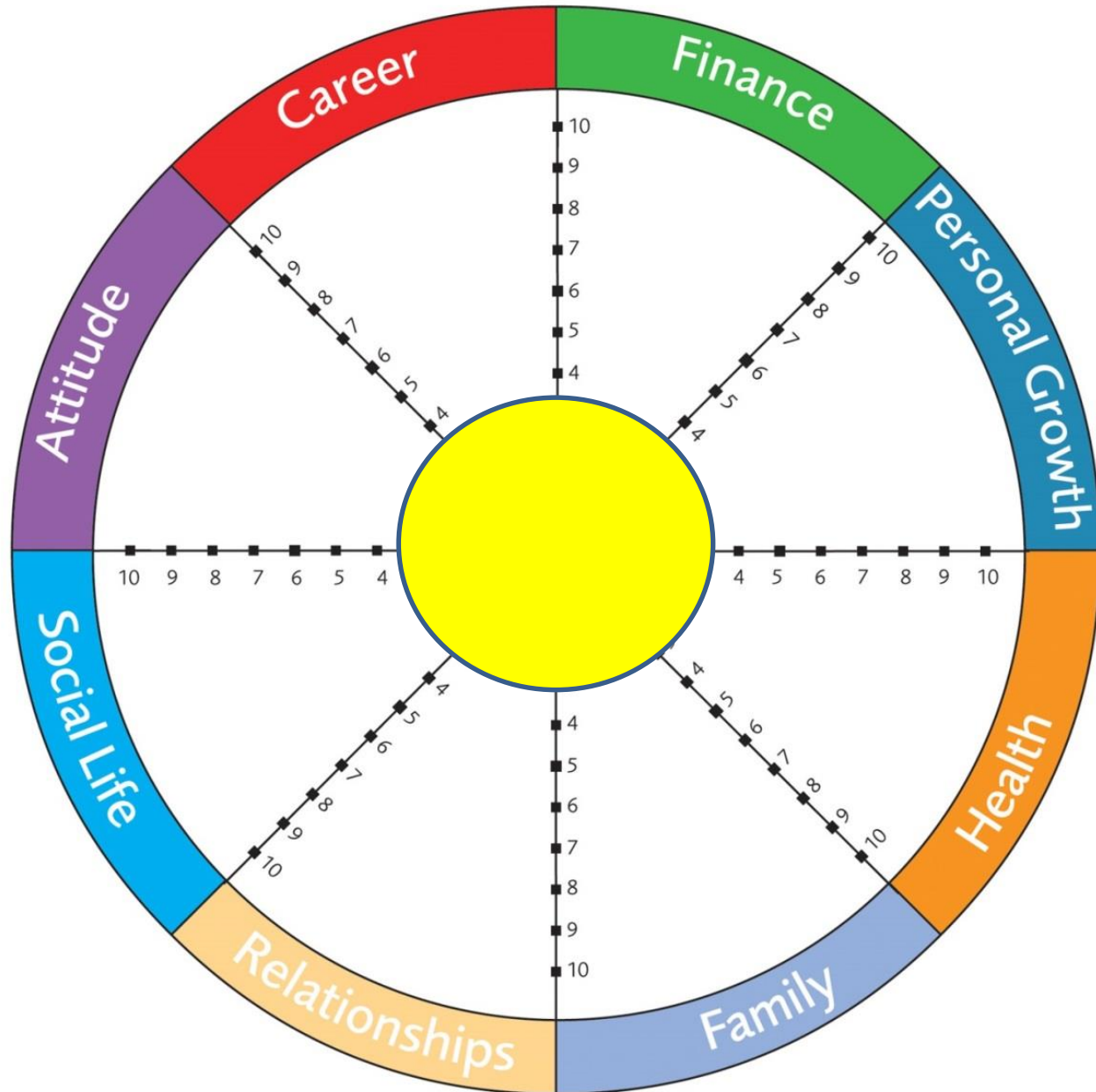
Masturbation

Modeling

Magnetism







A person's back is shown from the shoulders down to the waist, with the spine and shoulder blades visible. Overlaid on the back are five glowing points of light, each representing a chakra. From top to bottom, the points are: a purple point at the crown of the head, a blue point at the throat, a green point at the heart, a yellow point at the solar plexus, and a red point at the base of the spine. Each point has a starburst effect with rays of light. The background of the image is a swirling, ethereal pattern of purple, pink, and orange. The entire image is set against a solid purple background.

I see clearly

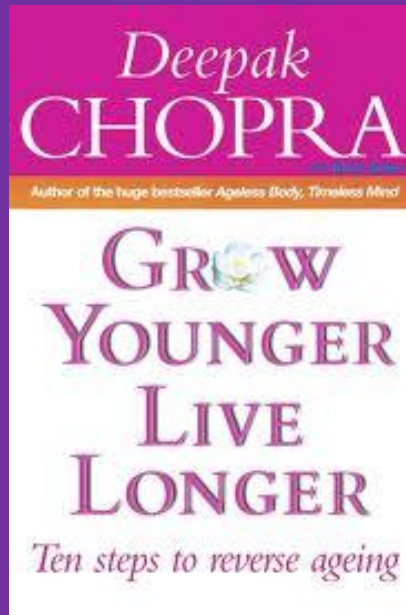
I speak clearly

I am loved

I am powerful

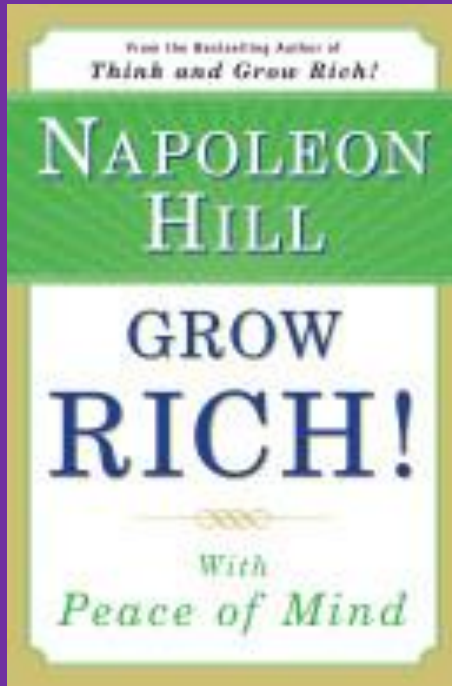
I am creative

I am Grounded



“Sexual energy is the creative energy of the universe. Sexual energy is sacred energy. When we have restored the sexual experience to the realm of the sacred, our world becomes divine, holy, and healed.”

— Deepak Chopra, in his book *Grow Younger, Live Longer* (2001: 197)



“It is within every man’s ability to transmute some of his sex emotion into a dynamic drive which brings success. This ability grows with your willingness to use it.”

— Napoleon Hill, in his book *Grow Rich! With Peace of Mind* (p. 107)

Campaigns

2011 – 1st Febulove (Emails)

2012 – 2nd Febulove (Emails)

2013 – 3rd Febulove, 1st Eco Sex, 1st Masturbation Month, Orgasmic Yoga, Crying Project

2014 – Weekly videos, 4th Febulove, 2nd Eco Sex, 2nd Masturbation Month, 1st Mother's Day, 1st Father's Day....

Products

2013 – My 1st Book, Sex Jumpstart,
2014

- Ready, Get Sex Go (P.E.)
- Sex Possible (Vaginismus)
- My Heart's Song
- Sizzling Strokes (Hand)
- Funastic Fellatio (Bj)

LOVE SEX and EVERYTHING IN-BETWEEN

Fact and Fiction
from a Sexologist

DR MARTHA TARA LEE, DHS

“...steers the reader through the mysteries of human sexuality and advises them on how to identify the myriad sexual and sexuality problems they face.”

*Peter Lim Huat Chye, MD
Senior Consultant & Urological Surgeon*

8 Ways

1. Move everyday

8 Ways

1. Move everyday
2. Meditate everyday

8 Ways

1. Move everyday
2. Meditate everyday
3. Masturbate regularly

8 Ways

1. Move everyday
2. Meditate everyday
3. Masturbate regularly
4. Combine them

8 Ways

5. Do them in diff ways

8 Ways

5. Do them in diff ways
6. Follow your joy

8 Ways

5. Do them in diff ways
6. Follow your joy
7. Learn about sexuality

8 Ways

5. Do them in diff ways
6. Follow your joy
7. Learn about sexuality
8. Have fun!

Martha Graham



“There is a vitality, a life-force, an energy, a quickening that is translated through you into action. And because there is only one of you in all of time, this expression is unique.

And if you block it, it will never exist through any other medium and be lost.”

“It is not your business to determine how good it is nor how valuable nor how it compares with other expressions.

It is your business to keep it yours clearly and directly, to keep the channel open... whether you choose to take an art class, keep a journal, record your dreams, dance your story, or live each day from your own creative source. Above all else, keep the channel open!”

– Martha Graham

Connecting with **Martha**

ErosCoaching.com