A map to your most sexual desires

This chart is going to help you get clarity on the things you want to do to a partner, the things you want done to you, the things you will do to a partner, the things you will allow to be done to you and the things that are a hard limit regarding expansive sexual play.

The WWW chart, including conversation regarding the topics and activities can take more than an hour to complete. I recommend going through everything in one session. Sit down, get comfortable, take a few deeo grounding breaths, remind yourself – IT'S JUST SEX ;) and begin exploring your way to deeper connections to self, pleasure and pleasure with your (potential) partner.

Go through the chart first with the mindset as a receiver, then start over with the mindset of a giver.

| R | RECEIVER | | ACTIVITY | | GIVER | | | |
|------|----------|-------|--------------|------|-------|-------|--|--|
| WANT | WILL | WON'T | | WANT | WILL | WON'T | | |
| | | | • KISSING • | | | | | |
| | | | ABDOMEN | | | | | |
| | | | ANUS | | | | | |
| | | | BACK | | | | | |
| | | | BREASTS | | | | | |
| | | | BUTT CHEEKS | | | | | |
| | | | EARS | | | | | |
| | | | FACE | | | | | |
| | | | FINGERS | | | | | |
| | | | INNER THIGHS | | | | | |
| | | | NECK | | | | | |
| | | | NIPPLES | | | | | |
| | | | PENIS | | | | | |
| | | | PERINEUM | | | | | |
| | | | SCALP | | | | | |
| | | | SKIN | | | | | |
| | | | TESTICLES | | | | | |
| | | | TOES | | | | | |
| | | | VULVA | | | | | |

WANT, WILL, WON'T LIST

| R | ECEIVER | 2 | ACTIVITY | | GIVER | |
|------|---------|-------|--------------------------------|------|-------|-------|
| WANT | WILL | WON'T | | WANT | WILL | WON'T |
| | | | BLOWN/BREATHED ON | | | |
| | | | IN EAR | | | |
| | | | IN MOUTH | | | |
| | | | ON ABDOMEN | | | |
| | | | ON ANUS | | | |
| | | | ON BREASTS | | | |
| | | | ON BUTT CHEEKS | | | |
| | | | ON INNER THIGHS | | | |
| | | | ON NECK | | | |
| | | | ON NIPPLES | | | |
| | | | ON PENIS | | | |
| | | | ON TESTICLES | | | |
| | | | ON TOES | | | |
| | | | ON VULVA | | | |
| | | | • HAIR GROOMING BY PARTNER • | | | |
| | | | ABDOMEN | | | |
| | | | ANAL | | | |
| | | | AREOLA | | | |
| | | | ARMPIT | | | |
| | | | BACK | | | |
| | | | CHEST | | | |
| | | | FACIAL | | | |
| | | | MONS PUBIS | | | |
| | | | PERINEUM | | | |
| | | | SCTROTUM | | | |
| | | | VULVA | | | |
| | | | • MASSAGE WITH HANDS/FINGERS • | | | |
| | | | ABDOMEN | | | |
| | | | ANUS | | | |
| | | | ВАСК | | | |
| | | | BREASTS | | | |
| | | | BUTT CHEEKS | | | |
| | | | EARS | | | |
| | 1 | | FACE | | | |
| | | | FINGERS | | | |
| | | | G-SPOT | | | |
| | | | INNER THIGHS | | | |

| R | ECEIVER | 2 | ACTIVITY | | GIVER | |
|------|---------|-------|----------------------------|------|-------|-------|
| WANT | WILL | WON'T | | WANT | WILL | WON'T |
| | | | MOUTH | | | |
| | | | NECK | | | |
| | | | NIPPLES | | | |
| | | | PENIS | | | |
| | | | PERINEUM | | | |
| | | | PROSTATE | | | |
| | | | SCALP | | | |
| | | | TESTICLES | | | |
| | | | TOES | | | |
| | | | VAGINA | | | |
| | | | VULVA | | | |
| | | | USING MASSAGE OIL/LOTION | | | |
| | | | USING LUBE | | | |
| | | | • MASSAGE WITH FEET/TOES • | | | |
| | | | ABDOMEN | | | |
| | | | ANUS | | | |
| | | | BACK | | | |
| | | | BREASTS | | | |
| | | | BUTT CHEEKS | | | |
| | | | EARS | | | |
| | | | FACE | | | |
| | | | FINGERS | | | |
| | | | INNER THIGHS | | | |
| | | | MOUTH | | | |
| | | | NECK | | | |
| | | | NIPPLES | | | |
| | | | PENIS | | | |
| | | | PERINEUM | | | |
| | | | SCALP | | | |
| | | | TESTICLES | | | |
| | | | TOES | | | |
| | | | VULVA | | | |
| | | | • LICKING • | | | |
| | | | ABDOMEN | | | |
| | | | ANUS | | | |
| | | | BACK | | | |
| | | | BREASTS | | | |

| R | ECEIVER | 2 | ACTIVITY | | GIVER | |
|------|---------|-------|--------------|------|-------|-------|
| WANT | WILL | WON'T | | WANT | WILL | WON'T |
| | | | BUTT CHEEKS | | | |
| | | | EARS | | | |
| | | | FACE | | | |
| | | | FINGERS | | | |
| | | | INNER THIGHS | | | |
| | | | MOUTH | | | |
| | | | NECK | | | |
| | | | NIPPLES | | | |
| | | | PENIS | | | |
| | | | PERINEUM | | | |
| | | | SCALP | | | |
| | | | TESTICLES | | | |
| | | | TOES | | | |
| | | | VULVA | | | |
| | | | • SMELLING • | | | |
| | | | ANUS | | | |
| | | | ARMPITS | | | |
| | | | BREATH | | | |
| | | | FARTS | | | |
| | | | NECK | | | |
| | | | PERINEUM | | | |
| | | | TESTICLES | | | |
| | | | VULVA | | | |
| | | | • TICKLING • | | | |
| | | | ABDOMEN | | | |
| | | | ANUS | | | |
| | | | ВАСК | | | |
| | | | BREASTS | | | |
| | | | BUTT CHEEKS | | | |
| | | | EARS | | | |
| | | | FACE | | | |
| | | | FINGERS | | | |
| | | | INNER THIGHS | | | |
| | | | MOUTH | | | |
| | | | NECK | | | |
| | | | NIPPLES | | | |
| | | | PENIS | | | |

| R | ECEIVER | 2 | ACTIVITY | | GIVER | |
|------|---------|-------|-----------------------------|------|-------|-------|
| WANT | WILL | WON'T | | WANT | WILL | WON'T |
| | | | PERINUEM | | | |
| | | | SCALP | | | |
| | | | TESTICLES | | | |
| | | | TOES | | | |
| | | | VULVA | | | |
| | | | • GROPING/CUPPING/TUGGING • | | | |
| | | | BREASTS | | | |
| | | | BUTT CHEEKS | | | |
| | | | CALVES | | | |
| | | | CLITORIS | | | |
| | | | EARS | | | |
| | | | HAIR | | | |
| | | | HAIR PULLING | | | |
| | | | INNER THIGHS | | | |
| | | | LABIA | | | |
| | | | NIPPLES | | | |
| | | | PENIS | | | |
| | | | TESTICLES | | | |
| | | | VULVA | | | |
| | | | SUCKING • | | | |
| | | | CLITORIS | | | |
| | | | PENIS | | | |
| | | | VULVA | | | |
| | | | ANUS | | | |
| | | | EARS | | | |
| | | | FINGERS | | | |
| | | | LIPS | | | |
| | | | NECK | | | |
| | | | NIPPLES | | | |
| | | | TESTICLES | | | |
| | | | TOES | | | |
| | | | TONGUE | | | |
| | | | SPITTING • | | | |
| | | | IN MOUTH | | | |
| | | | ON FACE | | | |
| | | | ON PENIS | | | |
| | | | ON VULVA | | | |

| R | ECEIVER | 2 | ACTIVITY | | GIVER | |
|------|---------|-------|----------------------|------|-------|-------|
| WANT | WILL | WON'T | | WANT | WILL | WON'T |
| | | | ON ANUS | | | |
| | | | ON BREASTS | | | |
| | | | ON SKIN | | | |
| | | | ON TESTICLES | | | |
| | | | • BITTING/NIBBLING • | | | |
| | | | ABDOMEN | | | |
| | | | ВАСК | | | |
| | | | BREASTS | | | |
| | | | BUTT CHEEKS | | | |
| | | | CLITORIS | | | |
| | | | EARS | | | |
| | | | LABIA | | | |
| | | | INNER THIGHS | | | |
| | | | NECK | | | |
| | | | NIPPLES | | | |
| | | | PENIS | | | |
| | | | TESTICLES | | | |
| | | | TOES | | | |
| | | | VULVA | | | |
| | | | • SCRATCHING • | | | |
| | | | ABDOMEN | | | |
| | | | ВАСК | | | |
| | | | BREASTS | | | |
| | | | BUTT CHEEKS | | | |
| | | | CLITORIS | | | |
| | | | EARS | | | |
| | | | FACE | | | |
| | | | FINGERS | | | |
| | | | INNER THIGHS | | | |
| | | | MOUTH | | | |
| | | | NECK | | | |
| | | | NIPPLES | | | |
| | | | PENIS | | | |
| | | | TESTICLES | | | |
| | | | TOES | | | |
| | | | VULVA | | | |

| R | ECEIVER | R | ACTIVITY | GIVER | | |
|------|---------|-------|------------------------------|-------|------|-------|
| WANT | WILL | WON'T | | WANT | WILL | WON'T |
| | | | • PINCHING AND/OR FLICKING • | | | |
| | | | ABDOMEN | | | |
| | | | BACK | | | |
| | | | BREASTS | | | |
| | | | BUTT CHEEKS | | | |
| | | | CLITORIS | | | |
| | | | EARS | | | |
| | | | FACE | | | |
| | | | FINGERS | | | |
| | | | INNER THIGHS | | | |
| | | | MOUTH | | | |
| | | | NECK | | | |
| | | | NIPPLES | | | |
| | | | PENIS | | | |
| | | | TESTICLES | | | |
| | | | TOES | | | |
| | | | VULVA | | | |
| | | | • SLAPPING AND/OR SPANKING • | | | |
| | | | ABDOMEN | | | |
| | | | BACK | | | |
| | | | BREASTS | | | |
| | | | BUTT CHEEKS | | | |
| | | | CLITORIS | | | |
| | | | EARS | | | |
| | | | FACE | | | |
| | | | FINGERS | | | |
| | | | INNER THIGHS | | | |
| | | | MOUTH | | | |
| | | | NECK | | | |
| | | | NIPPLES | | | |
| | | | PENIS | | | |
| | | | TESTICLES | | | |
| | | | TOES | | | |
| | | | VULVA | | | |

| R | RECEIVER | | ACTIVITY | GIVER | | | |
|------|----------|-------|--------------------------------|-------|------|-------|--|
| WANT | WILL | WON'T | | WANT | WILL | WON'T | |
| | | | • EROTICA/DIRTY TALK • | | | | |
| | | | WRITE EROTICA FOR PARTNER | | | | |
| | | | READ EROTICA FOR PARTNER | | | | |
| | | | TALK "DIRTY" DURING SEX | | | | |
| | | | TALK "DIRTY" DURING FOREPLAY | | | | |
| | | | • FINGERS INSERTED • | | | | |
| | | | IN MOUTH | | | | |
| | | | IN VAGINA | | | | |
| | | | IN ANUS | | | | |
| | | | • PENIS INSERTED • | | | | |
| | | | IN ARMPIT | | | | |
| | | | BETWEEN BREASTS | | | | |
| | | | BETWEEN BUTT CHEEKS | | | | |
| | | | BETWEEN LABIA (NO PENETRATION) | | | | |
| | | | BETWEEN SKIN FOLDS | | | | |
| | | | BETWEEN THIGHS | | | | |
| | | | IN MOUTH | | | | |
| | | | IN VAGINA | | | | |
| | | | IN ANUS | | | | |
| | | | • TOES INSERTED • | | | | |
| | | | IN MOUTH | | | | |
| | | | IN VAGINA | | | | |
| | | | IN ANUS | | | | |
| | | | • TONGUE INSERTED • | | | | |
| | | | IN MOUTH | | | | |
| | | | IN VAGINA | | | | |
| | | | IN ANUS | | | | |
| | | | • TOYS INSERTED/USED • | | | | |
| | | | VIBRATION | | | | |
| | | | CONSTANT | | | | |
| | | | PULSATING | | | | |
| | | | PROGRAMMED PATTERNS | | | | |
| | | | MUSIC CONTROLLED | | | | |
| | | | MATERIAL | | | | |
| | | | ACRYLIC | | | | |
| | | | GLASS | | | | |
| | | | SILICONE | | | | |

| R | ECEIVER | R | ACTIVITY | | GIVER | | | |
|------|---------|-------|--------------------------------|------|-------|-------|--|--|
| WANT | WILL | WON'T | | WANT | WILL | WON'T | | |
| | | | STAINLESS STEEL | | | | | |
| | | | WOOD | | | | | |
| | | | ELASTOMER | | | | | |
| | | | HARD PLASTIC | | | | | |
| | | | LATEX | | | | | |
| | | | SILICONE | | | | | |
| | | | DESIGN | | | | | |
| | | | LOOKS LIKE A PENIS | | | | | |
| | | | DOESN'T LOOK LIKE A PENIS | | | | | |
| | | | NO TESTICLES | | | | | |
| | | | WITH TESTICLES | | | | | |
| | | | SUCTION CUP BASE | | | | | |
| | | | FLAT BASE (ANAL SAFE) | | | | | |
| | | | G-SPOT CURVE | | | | | |
| | | | P-SPOT CURVE | | | | | |
| | | | DOUBLE | | | | | |
| | | | STRAP ON | | | | | |
| | | | KEGEL EXERCISER | | | | | |
| | | | COCK RING | | | | | |
| | | | DISPOSABLE SLEEVE | | | | | |
| | | | HEAD VIBES | | | | | |
| | | | PENIS PUMP | | | | | |
| | | | PROSTATE MASSAGER | | | | | |
| | | | SHAFT VIBES | | | | | |
| | | | EDIBLES | | | | | |
| | | | BODY DUST | | | | | |
| | | | BODY PENS | | | | | |
| | | | CHOCOLATE STENCILS | | | | | |
| | | | EDIBLE BRA/UNDERWARE | | | | | |
| | | | FLAVORED LUBE | | | | | |
| | | | PAINT ON CHOCOLATE | | | | | |
| | | | WATCHING • | | | | | |
| | | | HAVING SEX WITH ANOTHER PERSON | | | | | |
| | | | MASTURBATE | | | | | |
| | | | STRIP TEASE | | | | | |
| | | | LAP DANCE | | | | | |
| | | | UNDRESS | | | | | |

| RECEIVER | | R | ACTIVITY | | GIVER | |
|----------|------|-------|---------------------------------|------|-------|-------|
| WANT | WILL | WON'T | | WANT | WILL | WON'T |
| | | | MASSAGE/TOUCH SELF | | | |
| | | | FINGER SELF | | | |
| | | | SIDE BY SIDE MASTURBATION | | | |
| | | | 69 | | | |
| | | | DOUBLE PENETRATION | | | |
| | | | PENIS IN ANUS, FINGER IN VAGINA | | | |
| | | | PENIS IN ANUS, TOY IN VAGINA | | | |
| | | | PENIS IN VAGINA, TOY IN ANUS | | | |
| | | | PENIS IN VAGINA, FINGER IN ANUS | | | |
| | | | TOY IN ANUS AND VAGINA | | | |
| | | | PENIS IN ANUS AND VAGINA | | | |
| | | | 2 PENISES IN VAGINA | | | |
| | | | 2 PENISES IN ANUS | | | |
| | | | TOY AND PENIS IN VAGINA | | | |
| | | | TOY AND PENIS IN ANUS | | | |
| | | | PARTNER EJACULATION • | | | |
| | | | IN MOUTH | | | |
| | | | IN VAGINA | | | |
| | | | IN ANUS | | | |
| | | | ON BACK | | | |
| | | | ON CHEST | | | |
| | | | ON FACE | | | |
| | | | ON NECK | | | |
| | | | ON PENIS | | | |
| | | | ON VULVA | | | |
| | | | ON ABDOMEN | | | |
| | | | ON BUTT CHEEKS | | | |
| | | | ON SKIN | | | |
| | | | • EXPELLING • | | | |
| | | | FECES | | | |
| | | | URINE | | | |
| | | | VOMIT | | | |
| | | | • FISTING • | | | |
| | | | IN VAGINA | | | |
| | | | IN ANUS | | | |

| R | RECEIVER | | ACTIVITY | GIVER | | |
|------|----------|-------|--|-------|------|-------|
| WANT | WILL | WON'T | | WANT | WILL | WON'T |
| | | | SUBMITTING/DOMINATING • | | | |
| | | | ALLOWING PARTNER TO BE IN CHARGE | | | |
| | | | BEING IN CHARGE | | | |
| | | | PARTICIPATING IN A SCENE PARTNER CREATED | | | |
| | | | CREATING A SCENE FOR PARTNER | | | |
| | | | TAKING ORDERS | | | |
| | | | GIVING ORDERS | | | |
| | | | PLAYING A SUBMISSIVE CHARACTER | | | |
| | | | PLAYING A DOMINANT CHARACTER | | | |
| | | | BONDAGE | | | |
| | | | ANKLES BOUND | | | |
| | | | WRISTS BOUND | | | |
| | | | BLINDFOLDED | | | |
| | | | CONSTRICTED | | | |
| | | | GAGGED | | | |
| | | | PINNED | | | |
| | | | ARMS PINNED/TIED ABOVE HEAD | | | |
| | | | NIPPLE CLAMPS | | | |
| | | | TIED UP WITH ROPE | | | |
| | | | TIED WITH BED STRAPS | | | |
| | | | SUSPENSION | | | |
| | | | CAGED | | | |
| | | | COLLARED | | | |
| | | | LEASHED | | | |
| | | | FORCED ORAL SEX (THROAT FUCKING) | | | |
| | | | CHOKING/ASPHYXIA PLAY | | | |
| | | | DELAYED GRATIFICATION | | | |
| | | | IMPACT PLAY - FLOGGER/WHIP/CROP/ETC | ; | | |
| | | | ВАСК | | | |
| | | | BUTT CHEEKS | | | |
| | | | BREASTS | | | |
| | | | CALVES | | | |
| | | | THIGHS | | | |
| | | | ABDOMEN | | | |
| | | | • LUBE • | | | |
| | | | MATERIAL | | | |
| | | | WATER-BASED | | | |

| F | RECEIVER | | ACTIVITY | GIVER | | | |
|------|----------|-------|-------------------------------|-------|------|-------|--|
| WANT | WILL | WON'T | | WANT | WILL | WON'T | |
| | | | SILICONE-BASED | | | | |
| | | | OIL-BASED | | | | |
| | | | CONSISTENCY | | | | |
| | | | LIQUID | | | | |
| | | | CREAM | | | | |
| | | | GEL | | | | |
| | | | SPECIALTY | | | | |
| | | | HYPERALLERGENIC/GLYCERIN FREE | | | | |
| | | | VEGAN | | | | |
| | | | WARMING | | | | |
| | | | BLOOD LETTING | | | | |
| | | | EAT/INGESTING | | | | |
| | | | SENSATION PLAY | | | | |
| | | | WATERSPORTS/GOLDEN SHOWERS | | | | |
| | | | PEGGING | | | | |
| | | | ORGY (5 PEOPLE OR MORE) | | | | |
| | | | COUPLE'S SWAP/SWINGING | | | | |
| | | | ATTENDING A SEX PARTY | | | | |
| | | | TEMPERATURE PLAY | | | | |

NOTES AND CONDITIONS: