



Professional Certificate in Sexuality Education – 4th Intake! 🎓

Thurs 5 Mar - 10 Sept 2026 | 7 p.m. to 10 p.m. SGT | via Zoom

This course awards 64 CE points issued by Eros Coaching and is recognized by the American Association of Sexuality Educators, Counselors, and Therapists (AASECT). Upon completion, you become eligible to apply for Certified Sexologist status with the American Board of Sexology (ABS).

🌟 NEW for 2026!

Our expanded 14-session Professional Certificate in Sexuality Education now offers 64 Continuing Education (CE) points — up from 45 last year — giving you even more comprehensive training and recognized credit to advance your professional credentials.

Experience deeper, richer content with additional topics covering advanced kink, non-monogamy, lifespan sexuality, and an extended focus on ethics and integration.

Are you a healthcare or counseling professional looking to expand your knowledge and expertise in sexology? Join Dr. Martha Tara Lee for the newly expanded 14-session virtual course, offering 64 CE points recognized by AASECT. This enhanced curriculum covers a broader range of topics and more in-depth skills to empower healthcare and counseling professionals to practice with confidence in the field. Upon completion, you can apply to be certified as a Sexologist with the American Board of Sexology! This training is designed for individuals with a strong interest in human sexuality and promoting sexual health and wellness. Sessions are held every two weeks, alternating between virtual classes and triad practice sessions, where you'll work with two to three coursemates to apply your learning. 🌐👥

Throughout the course, you'll explore a wide range of topics, including the history and evolution of sexology, human sexual anatomy and physiology, gender identity and sexual orientation, strategies for promoting sexual health and wellness, effective communication skills, consent and boundaries, diverse expressions of sexuality, sexually transmitted infections and contraception, couples therapy and sex therapy, sexuality across the lifespan, cultural competence in sexology, and ethics and professionalism in the field. 💡

Learning Objectives:

By the end of this course, participants will be able to:

1. Understand the history and evolution of sexology and its role in promoting sexual health and wellness. 📖
2. Gain knowledge of human sexual anatomy and physiology, including reproductive anatomy, physiology, and sexual response. 🧬
3. Explore the social and cultural aspects of gender identity, expression, and sexual orientation, including LGBTQ+ issues. 🌈
4. Develop strategies for promoting sexual health and wellness, including sexual pleasure enhancement techniques. 💡
5. Enhance communication skills in the field of sexology, including active listening, empathy, and nonverbal communication. 🗣️
6. Recognize and respond to issues related to consent, boundaries, and sexual trauma, including sexual exploitation and abuse. 🚫
7. Gain an understanding of diverse expressions of sexuality, including sexual fantasies, kinks, pornography, and cybersex. 🌐
8. Learn about sexually transmitted infections (STIs), their prevention, diagnosis, treatment, and contraception options. 🌿
9. Explore issues related to infertility, assisted reproductive technologies, and sexual identity development. 👤
10. Acquire knowledge of principles and techniques of couples therapy and sex therapy for promoting sexual health and wellness. ❤️
11. Understand sexuality across the lifespan, including aging, disability, and alternative sexualities and relationships. 👴👵
12. Explore ethical non-monogamy and alternative relationship structures. 🔄
13. Develop cultural competence in sexology and understand ethical and professional issues in the field. 🌐
14. Integrate clinical knowledge and peer learning to build confidence and practical skills. 🙌

Course Enrollment Criteria:

1. Preferably hold a Bachelor's degree in related fields such as psychology, sociology, or healthcare. 🎓
2. Preferred relevant work experience in healthcare or counseling settings. 🏥
3. Demonstrate a strong interest in human sexuality and promoting sexual health and wellness. ❤️
4. Possess good communication skills and the ability to engage with diverse populations. 🗣️
5. Commitment to ethical and professional practice in sexology. 🙏
6. Willingness to engage in self-reflection and personal growth throughout the course. 🌱
7. Access to a reliable internet connection and computer for online coursework. 💻
8. Availability to commit to 14 weeks of coursework, including online discussions and assignments. 📅
9. Weekly home assignments to be submitted as part of a group triad (with an additional 1.5 hour per week). 🏠

Session Dates

Week 1: Thurs 5 Mar 2026
Week 2: Thurs 19 Mar 2026
Week 3: Thurs 2 Apr 2026
Week 4: Thurs 16 Apr 2026
Week 5: Thurs 30 Apr 2026
Week 6: Thurs 14 May 2026
Week 7: Thurs 28 May 2026
Break Week: Week of 8 Jun 2026 — No class or triad
Week 8: Thurs 18 Jun 2026
Week 9: Thurs 2 Jul 2026
Week 10: Thurs 16 Jul 2026
Week 11: Thurs 30 Jul 2026
Week 12: Thurs 13 Aug 2026
Week 13: Thurs 27 Aug 2026
Week 14: Thurs 10 Sept 2026

📅 Start Date: Thurs 5 March 2026

🕒 Time: 7 p.m. to 10 p.m. SGT

💻 Platform: Zoom

💰 Course Fee: S\$5,300 (Installments available)

🐦 Early Bird: S\$4,700 (paid in full before 31 Jan 2026)

🐦 Super Early Bird: S\$3,500 (paid in full before 31 Dec 2025)

💎 A non-refundable deposit of S\$500.00 secures your place.



Register here <https://www.ErosCoaching.com/Events>
Enquiries: drmarthalee@eroscoaching.com

Led by Dr. Martha Tara Lee

Dr. Martha Tara Lee is a renowned Relationship Counselor and Clinical Sexologist with over 14 years of experience in the field. She holds a Doctorate in Human Sexuality and is a certified sexuality educator and counselor. Dr. Lee is passionate about empowering individuals and couples to have fulfilling relationships and satisfying sexual lives. She has been featured in various media outlets and has conducted numerous workshops and training programs internationally.





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Program Structure:

Session 1: Introduction to Sexology & Asian Cultural Context (Thurs 5 Mar 2026) 🌐

This week covers the history and evolution of sexology, foundational theories of human sexuality, and the critical role of sexologists in society. Students will gain a solid understanding of the field, with special emphasis on Asian cultural nuances and sensitivity to social norms and taboos.

Session 2: Human Sexual Anatomy and Physiology (Thurs 19 Mar 2026) 🦋

This week dives into the biological foundations of human sexuality, including detailed study of reproductive anatomy, physiological sexual response, and common variations in sexual function. Students will enhance their ability to discuss anatomy confidently and normalize body diversity for clients.

Session 3: Gender Identity, Expression, and Sexual Orientation (Thurs, 2 Apr 2026) 🌈

Students will explore the social and cultural aspects of gender identity, expression, and sexual orientation, including lived experiences of LGBTQ+ communities. The session will highlight the importance of inclusive language and help students develop nuanced understanding to support diverse clients effectively.

Session 4: Sexual Health and Wellness (Thurs, 16 Apr 2026) 🗣️💡

This session focuses on broadening the conception of sexual wellness beyond dysfunction to include pleasure, satisfaction, and whole-person wellness. Students will learn strategies to promote sexual health and pleasure enhancement techniques for themselves and their clients.

Session 5: Communication Skills in Sexology (Thurs 30 Apr 2026) 🗣️

Focusing on sexology-specific micro-skills, this week covers active listening, empathetic responses, managing silences, and nonverbal communication. Students will practice key communication techniques critical for building rapport and facilitating effective sexual health conversations.

Session 6: Consent, Boundaries, and Sexual Trauma (Thurs 14 May 2026) 🚫

Students will explore consent frameworks, boundary-setting, and ethical responses to sexual trauma, including exploitation and abuse. Emphasis is on recognizing trauma disclosures and responding with sensitivity, applying trauma-informed practices in sexology contexts.

Session 7: Sexual Fantasies and Introduction to Kink (Thurs 28 May 2026) 💬

This week normalizes the exploration of sexual fantasies and introduces foundational kink concepts. Students will reflect on personal biases, learn how to create nonjudgmental spaces, and discuss client-centered approaches to fantasy and kink exploration.

Break Week — No Class or Triad (Week of 8 Jun 2026) ●

Session 8: Advanced Kink Topics and Consent in Kink (Thurs 18 June 2026) 🔥

Building on the previous week, this session delves into advanced kink frameworks such as RACK (Risk-Aware Consensual Kink) and SSC (Safe, Sane, Consensual), focusing on the complexities of consent, negotiation, and safety practices essential to ethical kink work.

Session 9: Comprehensive Sexual Health: STIs, Contraception, and Informed Choices (Thurs 2 Jul 2026) 🩺

This week covers clinical and psychoeducational aspects of sexually transmitted infections (STIs) and contraception. Students learn evidence-based prevention, diagnosis, and treatment, while also addressing stigma and emotional challenges clients may face.

Session 10: Infertility, Assisted Reproductive Technologies, and Sexual Identity Development (Thurs 16 Jul 2026) 🧑🏻

Students explore the emotional and physical impacts of infertility and assisted reproductive technologies. This session also examines how sexual identity can evolve through reproductive challenges, enhancing empathy and inclusive practice.

Session 11: Sexuality, Aging, Disability, Non-Monogamy & Alternative Relationships (Thurs 30 Jul 2026) 🧓❤️

This comprehensive session discusses sexuality across the lifespan with a focus on aging and disability inclusivity. It also explores non-monogamous and alternative relationship structures, providing ethical and practical guidance for diverse relationship frameworks.

Session 12: Couples Therapy and Sex Therapy (Thurs 13 Aug 2026) 🧑🏻🧑🏻

Students will learn core principles and techniques of couples therapy and sex therapy, including assessment methods, treatment planning, and intervention strategies to address intimacy, communication, and sexual difficulties in couple dynamics.

Session 13: Ethics and Professionalism (Thurs 27 Aug 2026) ⚖️

This session addresses the ethical frameworks governing sexology practice, including confidentiality, cultural competence, professional boundaries, and the responsibilities of a sexologist in diverse clinical and community settings.

Session 14: Integration, Case Studies, Peer Teaching, and Wrap-Up (Thurs 10 Sept 2026) 🎓

The final session is dedicated to integrating learning through detailed case study discussions, peer teaching exercises, and reflective practice to build student confidence and readiness for professional application.



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